

The Circle Model

The central focus of CoSA involves forming circles of support and accountability around each core member (released offender). The circles include two or more trained volunteers, supported by a CoSA staff person - with a shared commitment of 'no more victims' and 'no one is disposable.'

The circle provides an inclusive and safe space for the core members to account for the impacts of their choices and actions, deepen their understanding of the needs and perspectives of others, and support their efforts to live a successful and crime-free life. The circle works to nurture a safe and trusted space for open and respectful sharing.



HAMILTON DISMAS PHOTO CLUB

If you love photography and are interested in a place to learn photography techniques, share photos and hear the stories behind the photos, you will find the Hamilton Dismas Photo Club an enjoyable experience.

To volunteer or make a referral to CoSA Hamilton, please contact:

Rick Pauw

Community Outreach Senior Caseworker
CoSA Program

The St. Leonard's Society of Hamilton

 rpauw@slsh.ca

 (905) 572-1150 (ext. 421)

 (905) 962-1570

<https://slsh.ca/>



To make a tax deductible donation to support CoSA Hamilton, scan the QR code and type **CoSA Hamilton** in the donation box.

<https://www.canadahelps.org/en/charities/cosa-canada-inc/>



CoSA & Dismas Programs Offered in Hamilton



**CoSA Hamilton is a Program
of The St. Leonard's Society
of Hamilton**



Living With
Purpose
Mentoring
Group

Living With Purpose

This is a hybrid meeting at 2pm on the 1st Thursday or 6:30pm on the 4th Thursday of every month.

This is a monthly discussion group, where core members and volunteers meet. Members share and respond to challenges and barriers that many released offenders face in the process of reintegrating into the community.

Facilitated conversations draw from the lived experiences of participants (core members and volunteers) to share & explore solutions, ideas, and resources to navigate the challenges of everyday life.



First Pilgrim United Church

200 Main Street East
Hamilton, ON
L8N 1H3



We meet at First Pilgrim United Church on the 3rd Friday of every month. Doors open at 5pm and dinner is served at 6pm.

Dismas Fellowship is a faith-based adult only meeting place for former prisoners, staff, and invited guests.

The monthly gathering includes a meal followed by some spirited singing, a spiritual reflection, and an opportunity for participants to respond to a reflection question or to pass.

<https://dismasfellowshipnetwork.com/>

 **1-877-554-1076**

CROW Café

This is a hybrid meeting at 7pm on the 2nd Thursday of every month (from September to June).

The C.R.O.W. Cafe's name was derived from the acronym for "Creative River Of Words".

The Cafe was founded, with the knowledge that the mind is a constantly flowing River of Words and that we Create our own realities based on the words we chose and the stories we tell ourselves.

The Café encourages mindfulness while celebrating all forms of creativity by offering participants a safe "Coffee House" style environment, where they can share personal responses to a monthly theme, in the form of mindfully chosen, meaningful words packaged in original or selected creative works including songs, stories, poems, jokes, quotations, etc. or in personal reflections on paintings, sculptures, drawings, photos, videos, found objects and more.

