The Circle Model

The central focus of CoSA involves forming circles of support and accountability around each core member (released offender). The circles include two or more trained volunteers, supported by a CoSA staff person - with a shared commitment of 'no more victims' and 'no one is disposable.'

The circle provides an inclusive and safe space for the core members to account for the impacts of their choices and actions, deepen their understanding of the needs and perspectives of others, and support their efforts to live a successful and crime-free life. The circle works to nurture a safe and trusted space for open and respectful sharing.

Pre-Sentence Consultation Program

CoSA, in partnership with Dismas Fellowship offers "The Pre-Sentence Consultation Program" to provide practical information, guidance, and peer mentoring to individuals awaiting sentencing.

Drawing on the lived experience of individuals who have experienced incarceration, the program helps participants better understand what to expect and how to prepare for incarceration, or a conditional sentence

CIRCLES OF SUPPORT AND ACCOUNTABILITY



YouTube

HAMILTON DISMAS PHOTO & VIDEO CLUB

If you love photography and are interested in a place to learn photography techniques, share photos and hear the stories behind the photos, you will find the Hamilton Dismas Photo Club an enjoyable experience.

To volunteer or make a referral to CoSA Hamilton, please contact:

Rick Pauw

Community Outreach Senior Caseworker
CoSA Program

The St. Leonard's Society of Hamilton

rpauw@slsh.ca

(905) 572-1150 (ext. 421)

(905) 962-1570

https://slsh.ca/

To make a tax deductible donation to support CoSA Hamilton, scan the QR code and type **CoSA Hamilton** in the donation box.

https://www.canadahelps.org/en/charities/cosa-canada-inc/

CoSA
Circles of Support and Accountability
Hamilton

CoSA & Dismas Programs Offered in Hamilton

Dismas FELLOWSHIP Hamilton

SLSH .CA
THE ST. LEONARD'S SOCIETY OF HAMILTON

CoSA Hamilton is a Program of The St. Leonard's Society of Hamilton

Living With Purpose Mentoring Group

Living With Purpose

Due to high demand, we offer three meetings per month using the same topic per month.

This is a monthly discussion group, where core members and volunteers meet. Members share and respond to challenges and barriers that many released offenders face in the process of reintegrating into the community.

Facilitated conversations draw from the lived experiences of participants (core members and volunteers) to share & explore solutions, ideas, and resources to navigate the challenges of everyday life.



Trinity Lutheran Church
232 Fennell Avenue East
Hamilton, ON L9A 1S7

Dismas FELLOWSHIP Hamilton

We meet at Trinity Lutheran Church on the 4th Friday of every month. Doors open at 5pm and dinner is served at 6pm.

Dismas Fellowship is a faith-based adult only meeting place for former prisoners, staff, and invited guests.

The monthly gathering includes a meal followed by some spirited singing, a spiritual reflection, and an opportunity for participants to respond to a reflection question or to pass.

https://dismasfellowshipnetwork.com/

☎ **1-877-554-1076**

CROW Café

This is a hybrid meeting at 7pm on the 2nd Thursday of every month (from September to June).

The C.R.O.W. Cafe's name was derived from the acronym for "Creative River Of Words".

The Cafe was founded, with the knowledge that the mind is a constantly flowing River of Words and that we Create our own realities based on the words we chose and the stories we tell ourselves.

The Café encourages mindfulness while celebrating all forms of creativity by offering participants a safe "Coffee House" style environment, where they can share personal responses to a monthly theme, in the form of mindfully chosen, meaningful words packaged in original or selected creative works including songs, stories, poems, jokes, quotations, etc. or in personal reflections on paintings, sculptures, drawings, photos, videos, found objects and more.

the CROW Creative River Of Words Cafe