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...poetry...lyrics...songs...reflections...
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the CROW

Creative
River
of Words
CREATORS'
CIRCLE



We know:

THE MIND IS
A CONSTANTLY FLOWING RIVER OF WORDS,
THAT CAN INFLUENCE OUR PERCEPTION OF REALITY.
AND THAT
AS CREATORS OF OUR PERSONAL REALITIES
WE CAN ALL LEARN TO BE MORE MINDFUL
OF THE WORDS WE CHOOSE & THE STORIES WE TELL OURSELVES,

**SO WE OFFER THE CROW CREATORS' CIRCLE
as a Safe Space where participants:**

- Can become more mindful of their Creative Rivers of Words & stories they tell themselves
 - By exploring one of the upcoming CROW Café themes
 - Then using that exploration as a means of becoming more mindful of the thoughts and feelings flowing through their personal Creative River of Words
- Followed by an opportunity to create or select a creative work or reflection, as a personal “Mindfulness” reminder, with the option of sharing it at a future CROW Cafe



As C.R.O.W. Creators WE BELIEVE:

The words we plant in our minds affect who we become and how we behave.

Choosing our words mindfully can lead to greater maturity & healthier, fuller lives.

Every person has the ability to consciously choose and creatively navigate their own 'River of Words'.

In supporting everyone's exploration of their own River of Words as they pursue their creative energies & interests.

Words that begin as thoughts or feelings can be reinforced in songs, poems, jokes, spoken word, stories, images, objects, reflections & more.

Capturing the words we choose in original works; in selected works; or contained in reflections reinforces the power of our words to both the Creator & to any with whom we choose to share

Encouragement & appreciation for each Creator & their chosen words is shown by our willingness to listen, observe & respond with interest & respect.

In cooperation and celebration not competition. We recognize that each person is unique & we commit to respectfully collaborating with each of them on their journey.

Each person has the right & opportunity to pass, share, or to retain their creations for personal use

Whether collaborating, observing, sharing or receiving, we must always be mindful of the dignity of all.